

THE Defiant *Spirit* 9 Lives

THE SPIRIT OF THE ENNEAGRAM



The Truth Seeker

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The Challenger

WHO

WHO THEY ARE



Alternative Names

- The Boss
- The Maverick
- The Defender

Enneagram 8s are the most intense and powerful of all types. They are cause-driven, seek justice, and live to protect the most vulnerable among us. In **reaction**, 8s can cause significant damage when their anger goes unchecked, becoming domineering, controlling, excessive, and aggressive. In **response**, they get in touch with their fears, let themselves be vulnerable, and subdue their anger, harnessing it for a cause, fighting for others, and demonstrating true, controlled, and authentic power that comes from within.

• POWER

Eights are influential, strong, and powerful on many levels, especially in the way they communicate.

• TRUTH

Eights demand honesty and become angry when others try to manipulate them or withhold the truth.

• CONTROL

Eights highly value autonomy and the freedom to make their own decisions and not be controlled.

• JUSTICE

Eights seek justice, both for themselves and others, intuitively moving to defend those more vulnerable and weak.

Famous Eights



Aretha Franklin



Alan Dershowitz



Clint Eastwood



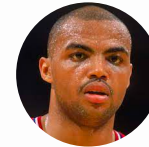
Johnny Cash



Bruce Lee



Jackie Robinson



Charles Barkley



Dr. Dre



Queen Latifah



Axl Rose



Russell Crowe



Pink



George Foreman



Sean Penn



Barbara Walters



John Wayne



Tupac Shakur



Denzel Washington



Kathleen Turner



Michael Douglas



Alec Baldwin

Self-talk

I am in control, strong, and unstoppable.

Worldview

The world is a tough place, so I must protect myself and defend others by being strong.

Fear

Eights fear being vulnerable, controlled, or powerless, overcompensating by becoming intense, direct, confrontational, and tough.

Motivation

To minimize vulnerability, maximize control, take charge, and defend themselves, others, and anyone who's defenseless or weak.



The Truth Seeker

WHAT

WHAT THEY LOOK LIKE SPIRITUALLY



The Challenger translates to the "The Truth Seeker" in the 9 Lives system.

Enneagram 8s bring their own brand of spirituality to the world, though different from how others usually perceive this term. It is a highly embodied experience, often felt by others as intensity or fire, and they tend to express this spirituality through acts of justice and fighting for causes they believe in. **In reaction**, they can burn way too hot, pushing others away, if not outright trampling them in their quest for what they believe to be justice and the truth, and undermining their cause. **In response**, The Truth Seeker is a source of protection for others, the Divine Masculine, to which others turn when they are insecure, uncertain, or afraid. They are protectors, fighters for justice, and defenders of truth, here for something much bigger than themselves.

SPIRITUAL OVERVIEW

Spiritual Focus

Truth, justice and breaking down barriers

They defend what is right or those in need by using their sword of truth to fight against injustices, weakness, or falsehoods.

Spiritual Fear

Fear that they are inadequate, powerless or will fall victim

The feeling of inadequacy or powerlessness would prevent them from defending themselves or others against different forms of darkness, including victimhood.

Spiritual Strengths

Clarity of purpose and strength of conviction

Eights are powerful and unstoppable when they pursue what they believe is just, true, and beneficial.

Spiritual Weaknesses

Overly intense or fail to open their hearts and be vulnerable

Eights burn so hot that even when right, they are wrong, burning down everything in their path and doing more damage than any other type.

Spiritual Growth

To soften, open, and get into their feelings

Type 8s can experience personal growth by channeling their intensity into gentler, more vulnerable ways and opening themselves up to others.

Master Truth Seekers

Martin Luther King



MLK is the paragon of what it means to be an 8, harnessing his fire for a worthy cause and refining it in a way that others could receive - only a master 8 could lead a non-violent revolution.

Oscar Schindler



He had every reason to remain silent regarding the Holocaust, and yet he risked everything, boldly stood his ground and saved hundreds of Jews when others remained silent.

Winston Churchill



Perhaps no person in modern history has carried more of a burden for humanity than Churchill. Arguably he is the only thing that stood between Hitler and the west and defeated him like an 8.

Toni Morrison



She broke all kinds of barriers and glass ceilings through the power of her pen and her defiant spirit, fighting for civil rights, advocating for women's rights and her energy made an impact.



The Truth Seeker

WHY

WHY THEY HAVE INCARNATED



Core Purpose: The Holy Idea

The Enneagram centers around the Holy Idea – the essential spiritual energy that guided us into this world. It represents one of the nine fundamental energies or emanations of Divinity. While all of these energies exist within us, one of them, our Core Type, will strongly resonate with us more than the others. The Holy Idea of that number/energy which acts as a beacon, guiding us on our soul's journey and purpose within this lifetime.

The Holy Idea of Enneagram Eight is Truth

The Holy Idea of Truth is not simply about honesty or avoiding deceit. Instead, it refers to the ultimate Truth with a capital "T" – the existence of a Source to which we are all responsible. Those who seek the Truth aspire to live in harmony with this universal reality and ensure that others have the same right to live in accordance with Truth.

Angel Numbers For 8s



888 - Great financial gain, prosperity, and abundance are yours now and moving forward. 8 is also the sign for infinity, indicating infinite abundance (of all things desired) in your life.



Eight is the number of breakthroughs coming from this relentless pursuit of what's true. It is enduring, which is why it's also the sign of infinity; truth was, is, and will always be - just like the power of 8s.

The Soul Contract

The Core Calling of The Truth Seeker: Sovereignty

Although we have all 9 spiritual energies within us, one of them, our Core Type, calls out to us more than the others, forming what we might think of as our soul contract - what you need to experience in this incarnation.

The Calling of Enneagram 8s: Embracing the Energy of Sovereignty

From a young age, Enneagram 8s can feel a calling to embody the energy of sovereignty. Initially, this may manifest in obstinacy, irritability, or anger, but they can learn to channel this intensity positively as they mature. By embracing their autonomy and personal agency, they can live authentically and empower others to do the same. It's essential to recognize that sovereignty is not just physical might but a powerful force that can inspire and motivate.

Eight-ish Signs

The following are 8-ish ways to intuit or feel the presence of spirit....

Body Sensations



Feeling strong sensations in the body – visceral responses – especially in the gut.

Aha



Aha moments, epiphanies, moments of sudden and sheer clarity.

Instinct



Can't shake a gut feeling which is really a Divine message communicating through the instincts.

Synchronicity



Experiencing a synchronicity, something statistically impossible, to speak to an 8's heart.



The Truth Seeker

HOW

HOW THEY CAN CONNECT WITH SPIRIT



Core Work: Passion & Virtue

The Enneagram presents us the shadows, or reactive side of our energy, along with the light, or responsive side of our type. This manifests in many ways, but none is more central to our core work in this life than our Enneagram Passion (or Vice). Think of the Enneagram Passion as our shadow and Enneagram Virtue as our light. Our work in this lifetime is to learn to face, embrace, and work through our Passion/shadow on our journey to living our Virtue/light.

The Enneagram Passion

Passion, from the root pati, means suffering. Our Core Passion is the shadow or darker energy of our number. It's the consequence of living unconsciously, in fear or reaction. As a result, our passion is the primary source of suffering, both experiencing it and causing it within our world.

The Passion of an Enneagram Eight is Lust.

When discussing lust, it is not to be confused with sexual desire, although it may manifest in that form. Instead, lust is a primal reaction fueled by anger, desire, and intolerance, which can cause Type 8s to act impulsively without considering the consequences, similar to a wild animal. As natural leaders, Type 8 personalities are known for their power, but whether that power is used for good or bad depends on the individual. However, when driven by their passion, the destructive potential of Type 8 personalities can be unparalleled, causing mayhem not only for themselves but also for those around them and society at large.

The Enneagram Virtue

The Enneagram Virtue is the counterbalance to the Enneagram Passion. It is the light to offset the darkness. The virtue is a "North Star" for this type, orienting us back to our path, helping us ascend out of fear, get back to conscious living, and take back our power to choose our response to life.

The Virtue of Enneagram Eight is Innocence.

Surprisingly, the Virtue of Innocence is the way back for an angry or "lustful" Type 8. In Enneagram terms, Innocence refers to a childlike energy characterized by a warm, open, and vulnerable heart. Eights, being the toughest and most guarded type, may find it challenging to soften themselves, become vulnerable, and open up to others, particularly when it comes to sharing their emotions and feelings. However, Eights are also known to have enormous hearts, and when they connect with them and make decisions based on love instead of fear, they can channel their energy for positive and beautiful outcomes.

A CHANNLED MESSAGE FROM SPIRIT

Message to the 8s: Harnessing Your Unique Power to Change the World

As emissaries of truth, you are bestowed with immense power that sets you apart. With the Divine Spark implanted in you, you possess the strength to illuminate the world around you. But beware, this power can also be your weakness if not used wisely and with compassion. Use it at the correct times for the right reasons to make a positive impact and avoid burning bridges. Your ability to handle this power makes you the fire keeper, BEING THE LIGHT and setting an example for others. Learn from the 9s how to handle it with gentle care and the 7s how to enjoy the journey with lightness and joy. You are the truth-tellers, and unlike any other type, you naturally know how to maintain your sense of self, stand your ground speak your truth, and in integrity with all you do.