

# THE Defiant *Spirit* 9 Lives

THE SPIRIT OF THE ENNEAGRAM



## The Unity Seeker

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# The Peacemaker

## WHO

### WHO THEY ARE



#### Alternative Names

- The Mediator
- The Peace Seeker
- The Gentle Spirit

Enneagram 9s are the most peaceful and harmonious of all types. Others experience their very presence as calming and reassuring. In **reaction**, they fear conflict, not wanting to cause it and avoiding it at all costs. In the process, they can lose themselves to others, their circumstances, or unhealthy activities. In **response**, they take a stand, use their voice, move through conflict, meet their needs, and create true harmony and peace.

#### • PEACE

Nines naturally seek out peace and bring peace to their environment, work and relationships.

#### • AUTONOMY

Nines may not say it, but they have a deep need to feel autonomous, with no one and nothing controlling them.

#### • HARMONY

Nines are all about harmony, ensuring everything flows, people are getting along, and everyone is at ease.

#### • COMFORT

Nines crave comfort on all fronts- physically, mentally and emotionally - to live conflict-free.

### Famous Nines



Morgan Freeman



Janet Jackson



Mark Ruffalo



Lisa Kudrow



Kevin Costner



Jack Johnson



Dave Mathews



Scottie Pippen



Woody Harrelson



Dean Martin



Jeff Bridges



Annette Bening



Fred Rogers



Sandra Bullock



Matthew Broderick



Sophia Loren



Ron Howard



Scarlett Johansson

#### Self-talk

I am easygoing, peaceful, and loving.

#### Worldview

The world can be challenging; therefore, I must walk softly, avoid conflict, and seek peace and harmony.

#### Fear

Nines fear conflict: losing themselves within it, sensing it coming, or the thought of having to face it and manage difficult situations, people, or experiences.

#### Motivation

To minimize conflict and discomfort and maximize comfort, peace, and harmony.



# The Unity Seeker

## WHAT

### WHAT THEY LOOK LIKE SPIRITUALLY



The Peacemaker translates to the "The Unity Seeker" in the 9 Lives system.

Enneagram 9s, also known as the Unity Seeker, are the true peacekeepers in the world and within families, friendships, and relationships. They are easygoing, tend to be quiet, kind, and gentle, and are here to unify and bring peace. **In reaction**, they can become meek, subjugate their needs to those of others, or become overly agreeable to avoid conflict, which they fear more than anything else. **In response**, they claim their worth, take up space, and stand up for what they believe, need, and want. The Unity Seeker vibrates at the highest frequency of the Enneagram and, as a result, has to learn how to navigate the complexities of a lower vibrating reality all around them. However, once they find their voice, they can rise up higher than any type, becoming leaders, change agents, and a genuinely unifying presence in a highly disruptive and divided world.

### SPIRITUAL OVERVIEW

#### Spiritual Focus

To align with peaceful and harmonious energy

They naturally align with high vibration and positive energy, absorbing it and amplifying for others to bring a sense of peace.

#### Spiritual Fear

To lose themselves in the energy of others or within conflict

They are afraid of dark or disruptive energy, and will naturally move away from it in an attempt to avoid it.

#### Spiritual Strengths

A natural connection to Source Energy and ability to channel it

They possess a calm and relaxed demeanor, adapting to life's changes and bringing comfort to those around them.

#### Spiritual Weaknesses

Overwhelmed by the energy of others, reacting to circumstances

Avoiding fears can fuel darker energy or lower vibrations, increasing what 9s is trying to avoid.

#### Spiritual Growth

To set the energetic tone and maintain it regardless of others

When 9s stop living in reaction to their circumstances and return to their truth, they can share their light sustainably and authentically.

### Master Unity Seekers

George Lucas



His creative depths are unparalleled, however, his greatest achievement was his willingness to overcome his reserved nature and tenaciously pursue his dreams and share them with the world.

Princess Diana



She was known for her kindness, gentle nature, and down-to-earth demeanor. This was one royal who inspired the world not by her grandeur, but her harmonious spirit.

The Dalai Lama



His smile says it all. The Dalai Lama is one of the most joyful, gentle and compassionate human beings to ever walk the earth. He exudes the nines harmony and raises the vibration of those in his midst.

Queen Elizabeth



She was strong but in a quiet way, a rock amidst global tumult and change. Queen Elizabeth provided stability and peace not only to her family or country, but to the world.



# The Unity Seeker



## WHY

### WHY THEY HAVE INCARNATED

### Core Purpose: The Holy Idea

The Enneagram centers around the Holy Idea – the essential spiritual energy that guided us into this world. It represents one of the nine fundamental energies or emanations of Divinity. While all of these energies exist within us, one of them, our Core Type, will strongly resonate with us more than the others. The Holy Idea of that number/energy which acts as a beacon, guiding us on our soul's journey and purpose within this lifetime.

### The Holy Idea of Enneagram Nine is Love

The Holy Idea of Origin revolves around Divine Love, the spiritual truth that unconditionally binds us to the Source. This is where we originate from, where we will return to, and while we are alive, we can adopt and showcase it in our daily lives and in the world.

### Angel Numbers For 9s

Angel Number 999 signifies completion and new beginnings. It urges trust in the process of life, brings closure to relationships and careers, and encourages reflection and growth. Embracing change, practicing non-resistance, and remaining open-hearted are key. Other angel numbers are also briefly

9 in mathemtaics, a spiritual langauge of its own, is the highest number of single digits and encompasses all the building blocks (0-9) to count to infinity (which is Divinity). When 9 appears in your life (9, 99, 999...) you are being reminded you have what you need to live an infinite life.



### The Soul Contract

#### The Core Calling of The Unity Seeker: Harmony

Although we have all 9 spiritual energies within us, one of them, our Core Type, calls out to us more than the others, forming what we might think of as our soul contract - what you need to experience in this incarnation.

Enneagram 9s are called in this lifetime by the energy of Harmony. At a young age, this is usually confused as an energy of comfort or even complacency, the world around them "rewarding" them as the "easy child" as they learn to play the part. As they grow, they can get stuck in this, missing out on the actual energy calling out to them - to shake off the lethargy and the imitation of peacefulness in their lives or the world and learn to work, even fight, for what they believe in, what is right and what is necessary to bring a true and lasting harmony to the world (which is why so many of the world's peacemakers have been 9s).

### Nine-ish Signs

The following are 6-ish ways to intuit or feel the presence of spirit....

#### Inspired Feelings



#### Music



#### Messengers



#### Nature



Sudden onset of charged emotions or synchronistic experiences and/or signs from the Universe that create a profound and lasting feeling.

Hearing songs externally that hold meaning or internally in the mind's voice.

Hearing someone say something profound and wise that serves as divine guidance.

Observing natural phenomena like wild life, insects, birds or rainbows



# The Unity Seeker

## HOW

### HOW THEY CAN CONNECT WITH SPIRIT



## Core Work: Passion & Virtue

The Enneagram presents us the shadows, or reactive side of our energy, along with the light, or responsive side of our type. This manifests in many ways, but none is more central to our core work in this life than our Enneagram Passion (or Vice). Think of the Enneagram Passion as our shadow and Enneagram Virtue as our light. Our work in this lifetime is to learn to face, embrace, and work through our Passion/shadow on our journey to living our Virtue/light.

### The Enneagram Passion

Passion, from the root pati, means suffering. Our Core Passion is the shadow or darker energy of our number. It's the consequence of living unconsciously, in fear or reaction. As a result, our passion is the primary source of suffering, both experiencing it and causing it within our world.

#### The Passion of an Enneagram Nine is Sloth.

It's not easy to be labeled lazy, but this term is often misunderstood, especially regarding Nines. In reality, Nines are frequently the hardest-working Enneagram type. However, they tend to shut down when faced with conflict or even the mere thought of it. This can cause them to feel drained and lethargic, losing their energy because of their apprehensions about the challenges that lie ahead. For instance, a 9 may have ten tasks on their to-do list, but they might avoid the most critical and difficult one - which is what sloth looks like for them.

### The Enneagram Virtue

The Enneagram Virtue is the counterbalance to the Enneagram Passion. It is the light to offset the darkness. The virtue is a "North Star" for this type, orienting us back to our path, helping us ascend out of fear, get back to conscious living, and take back our power to choose our response to life.

#### The Virtue of Enneagram Nine is Right Action.

Nines often feel depleted when faced with conflict, but there is a solution. To overcome this, they must increase their energy levels, confront the conflict head-on, and take purposeful action. Termed as "right action" in the Enneagram, this approach helps Nines shift from fear to faith. Initially, they may lack the confidence to tackle obstacles, but taking action helps build momentum. This change in mindset enables them to break free from overthinking and rely on instinctual action, ultimately leading to success. Remember, "Just do it" is a mantra tailored specifically for Nines, and once they do, they have all the skills and perseverance they need.

## A CHanneled MESSAGE FROM SPIRIT

### *A Message of Comfort and Encouragement*

My dear one, I urge you to find peace in my words and allow them to soothe you. Remember that you are valued simply for being yourself, not for any particular deeds or choices you make. In your quest for individuality, you may have lost sight of the unique magic that makes you who you are – an intricate aspect of your ethereal essence. The more you strive to set yourself apart from others, the more you may distance yourself from the qualities that I have gifted you. You possess a profound spirit that runs deep, a gift for communication that warms the hearts of those around you, and an unparalleled capacity to feel and share emotions. These traits make you remarkable, my child. Do not let the illusions of the world cloud your mind. Instead, let your true self, the one that I intended for you, shine and guide you. For it is in the brilliance of your being that you will discover the magic that can move the very cosmos.